

**EASTERN DISTRICT C.C.
CHAMPIONSHIP
SENIOR SEVEN MILES.
(Fraser Memorial Trophy).**

Edinburgh University gained their 3rd successive win in the Eastern District Championship at Kirkcaldy. The course was of 2 laps over icy roads and frozen fields. As in the past three years Edinburgh Southern were runners-up. The individual race was keenly contested between 3 runners. At the half way mark J. Brydie (E.U.H. & H.) was closely followed by R. Irvine (Dundee T.H.) and G. Reid (Edin. S.H.). However in the last stretch of the road it became a two man race, with Reid waiting until the last quarter of a mile, to race past Irvine a confident winner. He thus became the second Southern runner to gain this title.

Individual :

- 1.—G. Reid (Edinburgh S. H.) 47m. 39s.
- 2.—R. Irvine (Dundee T. H.) 47m. 42s.
- 3.—J. W. Brydie (Edin. Un.) 47m. 58s.
- 4.—D. V. Ellis (Edin. Un.) 48m. 17s.
- 5.—J. P. McRoberts (Ed. Un.) 48m. 20s.
- 6.—J. Rollo (Edinburgh E.H.) 48m. 32s.

Continued from previous page.

The tremendous thrust which this great athlete generates in each stride seems to me to be directly related to the distance between his back foot when the leg is fully extended and still touching the ground. This is, of course, the very movement which cannot be made when the body is leaning forward.

I have studied photographs of the very best sprinters, using only photographs taken in the middle of a race. Andy Stanfield and Mel Patton appear also to run with perfectly upright bodies whilst at full speed.

For Old Ladies!

Team Details :

1. Edinburgh Univ. H. & H.—(J. W. Brydie 3, D. V. Ellis 4, J. P. McRoberts 5, D. T. Hunt 7, J. D. M. Robertson 12, O. A. Cleary 19) —50 points. D. George 29, D. J. Oakey 32, J. S. Barr 39, L. W. Athenden 44.
2. Edinburgh Southern H.—(G. Reid 1, W. A. Robertson 8, J. Smart 9, W. J. Sanderson 10, H. Robertson 14, I. Gourlay 15)—57 points. W. Grant 18, C. Black 26, R. Mitchell 34, D. S. Miller 35, L. G. Kapelle 42, J. Robertson 57.
3. Dundee Thistle H.—(R. Irvine 2, J. Miller 13, S. Cunningham 17, D. Millar 24, P. Taylor 25, J. Fitzpatrick 27) — 108 points. A. McIntosh 31, J. Chalmers 47.
4. Falkirk Victoria H.—(W. Gardner 16, D. G. Nicoll 22, G. W. Jackson 23, A. Cook 28, P. Rae 30, S. Laurie 36)—155 points. R. Sinclair 37, D. M. Mackie 50, J. Kane 53.
5. Edinburgh Eastern H.—(R. Rollo 6, R. J. Stark 20, H. R. Phillip 21, R. Irvine 33, A. Y. Thom 43, W. Ness 49)—172 points. P. Brown 52.
6. Teviotdale H.—(J. Hogg 38, R. Wilkinson 41, J. March 45, J. Elliot 46, S. Reid 47, R. Scott 48)—265 points. W. Reid 51, G. P. Turnbull 60.
7. Gala Harriers.—(A. Hency 11, D. Yule 40, W. H. Murray 54, W. Brydon 55, D. Murray 56, J. Dalgleish)—274 points. A. Murray 59.

Individual Entrants :

- 14.—P. Husband (K. Y.M.C.A. Y.).
- 18.—R. Stewart (Edinburgh H.).
- 32.—W. Henderson (Edin. Rover & S.).
- 35.—J. Dick (Strathay H.).
- 44.—J. Peacock (K. Y.M.C.A. H.).
- 65.—A. Gibson (K. Y.M.C.A. H.).

EASTERN YOUTHS' RACE.

The Rovers proved very good and clever winners of this and kept up their good record since this series of races started. They also supplied the winner of the individual title in D. Dunn who was never troubled to win. Strathtay Harriers, however, have unearthed a good youngster in G. Boyle. A very keen struggle was witnessed between Clark, (Southern) and Brown (H.M.S. Caledonia) with the former just holding on to take 3rd place.

Individuals :

- 1.—D. Dunn (Edin. Rover), 23m. 38s.
- 2.—G. Boyle (Strathtay H.), 23m. 41s.
- 3.—A. S. Clarke (Edin. S. H.), 24m. 25s.
- 4.—Brown (H.M.S. Caledonia), 24m. 26s.

Team Details :

1. **Edinburgh Rover A.C.**—(D. Dunn 1, J. M. Hamilton 5, D. Nisbet 6)—
12 points. I. F. Rae 16, D. Saunders 17, R. Crawford 19.
2. **H.M.S. Caledonia**—(Brown 3, Kendrick 8, Goodman 11)—22 points.
Anwar 14, Fields 18, Day 23.
3. **Edinburgh S. H.**—(A. S. Clark 2, B. Chalcraft 9, R. G. Reid 15)—
26 points. W. Smart 22, L. Watt 33.
4. **Dundee Thistle H.**—(E. Nicol 7, R. Spalding 12, J. Lowis 21)—40 points. R. Leslie 24.
5. **Edinburgh E. H.**—(I. Thomson 4, J. Marshall 14, A. Breby 27)—44 points.
6. **Teviotdale H.**—(I. Anderson 10, J. McDavid 20, J. Hogarth 25)—55 points. D. M. Richardson 26, A. Michie 28.
7. **Gala Harriers.**—(T. Fairbairn 29, D. Ronaldson 30, W. Noble 31)—90 points. A. Mathieson 32.